## Scenario 5: Under the Weight of it All

**Team Member's Names: _____ Team ID:_____**

| | Scene Assessment | Findings | Youth/SFA |
|---|---|---|---|
| 1 | Determine whether the scene is safe / PPE | | ☐ |
| 2 | Determine the number of patient | | ☐ |
| 3 | Determine the Mechanism of Injury or History of illness | | ☐ |
| 4 | ID SELF and OBTAIN CONSENT? | | ☐ |
| 5 | WARN THE CASUALTY NOT TO MOVE? | | ☐ |
| 6 | Request additional help if necessary | | ☐ |
| | **Primary Assessment** | | |
| 7 | Verbalizes General Impressions of Patient | | ☐ |
| 8 | Determines Level of Consciousness (AVPU) | **Alert** | ☐ |
| 9 | CONTROL C-SPINE to prevent movement? | | ☐ |
| 10 | Airway | **Open** | ☐ |
| 11 | Breathing | **28, Shallow & Regular** | ☐ |
| 12 | Circulation | **128 Regular & Strong** | ☐ |
| 13 | Assess Skin (Colour, Condition, Temperature) | **Pale, Cool, Clammy** | ☐ |
| | **Rapid Body Survey** | | |
| 14 | Head – Examines & Controls Bleeds | | ☐ |
| 15 | Neck – Examines & Controls Bleeds | | ☐ |
| 16 | Chest – Examines & Controls Bleeds | **Right sided Rib bruising** | ☐ |
| 17 | Upper Extremities – Examines & Controls Bleeds | **Right sided Closed Humerus Fracture, Bruising to Arm, Abrasions on bilateral arms** | ☐ |
| 18 | Back – Examines & Controls Bleeds | | ☐ |
| 19 | Abdomen – Examines & Controls Bleeds | | ☐ |
| 20 | Pelvis – Examines & Controls Bleeds | | ☐ |
| 21 | Lower Extremities – Examines & Controls Bleeds | | ☐ |
| | **Critical Interventions/Transport Decision** | | |
| 22 | *911 Call (Time into Scenario: ) | | ☐ |
| 23 | On-scene Communication (Effective, Team-Based, Delegation) | | ☐ |

JUDGES NOTES:

**<u>This section is active for the first 3 minutes of the scenario only!</u>**

**During these first 3 minutes, the competitor may perform the actions that are both listed here and in the Secondary Survey. After the 3 minutes, the competitor is eligible to receive marks only in the Secondary Survey and NOT from Primary Survey.**

**JUDGES DO NOT TALLY MARKS FROM YOUR OWN SHEETS!**

**Judges MUST check the box for each task, an unchecked box is an uncompleted task.**

**Score Sheet for Patient #1 - "Under the Weight of it All"**

SECONDARY SURVEY

Actions in this section may be performed by the competitors at ANY point in the scenario. After the 3 first minutes, this section and beyond are the only areas that points shall be awarded

Actions in this section may be done *in any order.*

| | SAMPLE History | Findings | Youth/SFA |
|---|---|---|---|
| 24 | SYMPTOMS | **Pain in the upper portion of your arm** | ☐ |
| 25 | ALLERGIES? | **None** | ☐ |
| 26 | MEDICATIONS? | **ASA 81mg** | ☐ |
| 27 | PAST MEDICAL HISTORY? | **None** | ☐ |
| 28 | LAST ORAL INTAKE? | **Hamburger and Fries about 30 mins ago** | ☐ |
| 29 | EVENTS LEADING TO INJURY? | **A stack of bricks fell onto you as you were moving things around.** | ☐ |
| | **VITALS - 1st Round** | | **Youth/SFA** |
| 44 | Level of Consciousness – (AVPU) | **Alert** | ☐ |
| 45 | Respirations – Rate, Rhythm, Volume | **28, Shallow & Regular** | ☐ |
| 46 | Pulse – Rate, Rhythm, Quality | **128 Regular & Strong** | ☐ |
| 47 | Skin – Colour, Condition, Temperature | **Pale, Cool, Clammy** | ☐ |
| | **HEAD TO TOE EXAMINATION** | | **Youth/SFA** |
| 52 | Check SCALP/HEAD? | **No Findings** | ☐ |
| 53 | Check both EYES? | **No Findings** | ☐ |
| 54 | Check NOSE? | **No Findings** | ☐ |
| 55 | Check CHEEKBONES? | **No Findings** | ☐ |
| 56 | Check MOUTH? | **No Findings** | ☐ |
| 57 | Check JAW? | **No Findings** | ☐ |
| 58 | Check both EARS? | **No Findings** | ☐ |
| 59 | Check NECK? *(CSM)* | **No Findings** | ☐ |
| 60 | Check both COLLARBONES? | **No Findings** | ☐ |
| 61 | Check CHEST? | **Right sided Rib bruising** | ☐ |
| 62 | Check both SHOULDERS? | **No Findings** | ☐ |
| 63 | Check RIGHT ARM? | **Right sided Closed Humerus Fracture, Bruising, Abrasion on arms** | ☐ |
| 64 | Check LEFT ARM? | **Abrasions on arm** | ☐ |
| 66 | Check BACK? | **No Findings** | ☐ |
| 68 | Check ABDOMEN? | **No Fundings** | ☐ |
| 69 | Palpate the 4 Quadrants of the abdomen? | **No Findings** | ☐ |
| 70 | Check PELVIS? | **No Findings** | ☐ |
| 71 | Check RIGHT LEG? | **No Findings** | ☐ |
| 72 | Check LEFT LEG? | **No Findings** | ☐ |
| | **TREATMENT for Injury - Right sided Closed Humerus Fracture** | | **Youth/SFA** |

| | | | |
|---|---|---|---|
| 73 | Was the injury fully exposed? | **Right sided Closed Humerus Fracture, Bruising to Arm, Abrasions on bilateral arms** | ☐ |
| 74 | Check CSM before splinting? | | ☐ |
| 75 | Splint humerus appropriately? | | ☐ |
| 76 | Secured with thumb visable for CSM check? | | ☐ |
| 77 | Recheck CSM after splinting? | | ☐ |
| 78 | Was a sling used to immobilized the injury (MUST be Arm Sling)? | | ☐ |
| 79 | Was a board bandage used to secure and immoblize the injury? | | ☐ |
| 80 | Was Ice appied (Was the team say they would apply ice)? | | ☐ |
| | **TREATMENT for Right sided Rib bruising** | | Youth/SFA |
| 81 | Was the injury fully exposed? | **Right sided Rib bruising** | ☐ |
| 82 | Was the team monitor patient breathing AT ALL TIME? | | ☐ |
| 83 | Was the team rule out head and spinal injury? | | ☐ |
| 84 | Was the team rule out other ACUTE conditions eg. Flail chest, hemothorax, pneumothorax etc.) | | ☐ |
| 85 | Was the team assist patient into a semi-setting position, inclined injured side | | ☐ |
| 86 | Was Ice appied (Was the team say they would apply ice)? | | ☐ |
| | **SHOCK & GENERAL CARE** | | Youth/SFA |
| 87 | Was the team REASSURE the patient about their OWN CARE? | | ☐ |
| 88 | Was the team provide treatment for shock EFFECTIVELY? | | ☐ |
| 89 | Was the teams keep the bag clean and prevented cross contamination? | | ☐ |
| 90 | Were GLOVES EFFECTIVE THROUGHOUT? | | ☐ |
| | **RE-ASSESSMENT of VITAL SIGNS (2nd Set) / ONGOING CARE ( after 10 min)** | Findings | Youth/SFA |
| 92 | Update EMS? | **Advised EMS is on route** | ☐ |
| 93 | Level of Consciousness – (AVPU) | **Alert** | ☐ |
| 94 | Respirations – Rate, Rhythm, Volume | **30, Shallow & Regular** | ☐ |
| 95 | Pulse – Rate, Rhythm, Quality | **140 Regular & Strong** | ☐ |
| 96 | Skin – Colour, Condition, Temperature | **Pale, Cool, Clammy** | ☐ |
| | **RE-ASSESSMENT of VITAL SIGNS (3rd Set)** | Findings | Youth/SFA |
| 101 | Level of Consciousness – (AVPU) | **Alert** | ☐ |
| 102 | Respirations – Rate, Rhythm, Volume | **40, Shallow & Regular** | ☐ |
| 103 | Pulse – Rate, Rhythm, Quality | **130 Regular & Bounding** | ☐ |
| 104 | Skin – Colour, Condition, Temperature | **Pale, Cool, Clammy** | ☐ |
| | **RECORDING for Patient** | Findings | Youth/SFA |
| 109 | Was ALL of the patient PERSONAL INFORMATION recorded? | | ☐ |
| 110 | Was the INCIDENT TIME AND DATE recorded? | | ☐ |
| 111 | Was the INCIDENT LOCATION recorded? | | ☐ |
| 112 | Was the INCIDENT HISTORY recorded? | **Pain in the upper portion of your arm** | ☐ |
| 113 | Was the patient ALLERGIES recorded? | **None** | ☐ |

| | | | |
|---|---|---|---|
| 114 | Was the patient MEDICATIONS recorded? | **ASA 81mg** | ☐ |
| 115 | Was the patient MEDICAL HISTORY recorded? | **None** | ☐ |
| 116 | Was the LAST ORAL INTAKE recorded? | **Hamburger and Fries about 30 mins ago** | ☐ |
| 117 | Was the patient INITIAL LEVEL of CONSCIOUSNESS recorded? | **Alert** | ☐ |
| 134 | Was 1st set of vital signs - LOC recorded | **Alert** | ☐ |
| 135 | Was 1st set of vital signs - RESPIRATIONS recorded? | **28, Shallow & Regular** | ☐ |
| 136 | Was 1st set of vital signs - PULSE recorded? | **128 Regular & Strong** | ☐ |
| 137 | Was 1st set of vital signs - SKIN CONDITION recorded? | **Pale, Cool, Clammy** | ☐ |
| 142 | Was 2nd set of vital signs - LOC recorded | **Alert** | ☐ |
| 143 | Was 2nd set of vital signs - RESPIRATIONS recorded? | **30, Shallow & Regular** | ☐ |
| 144 | Was 2nd set of vital signs - PULSE recorded? | **140 Regular & Strong** | ☐ |
| 145 | Was 2nd set of vital signs - SKIN CONDITION recorded? | **Pale, Cool, Clammy** | ☐ |
| 150 | Was 3rd set of vital signs - LOC recorded | **Alert** | ☐ |
| 151 | Was 3rd set of vital signs - RESPIRATIONS recorded? | **40, Shallow & Regular** | ☐ |
| 152 | Was 3rd set of vital signs - PULSE recorded? | **130 Regular & Bounding** | ☐ |
| 153 | Was 3rd set of vital signs - SKIN CONDITION recorded? | **Pale, Cool, Clammy** | ☐ |
| 158 | Was Treatment #1 LEGIBLY record? | **Right-sided Arm Pain** | ☐ |
| 159 | Was Treatment #2 LEGIBLY record? | **Right-sided Ribs** | ☐ |
| 160 | Was Treatment #3 LEGIBLY record? | **Shock** | ☐ |
| 161 | Was the Name(s) of the first aid team LEGIBLY recorded? | | ☐ |

**Judge Name:_____**

**Judge Signature:_____**